

**Homedale Middle School  
Healthy Living Committee**

**May 11, 2015**

**4:00 p.m.**

**HMS Library**

**Vision Statement:** Everything we do is in the best interest of our students – we inspire them to dream toward a better future, and we equip them with the skills necessary to achieve those dreams.

**Committee Goals:**

- To provide continued education on healthy eating
- To organize and provide after-school or Friday physical activities
- To provide continued education on spiritual practices, stress reduction, and healing

- I. Review Committee Background/ Ideals
  - a. Vicki's grant information
  - b. District Wellness Policy
  
- II. Committee Goals
  - a. How do we want to meet them?
  - b. Calendar events for 2015-16 school year
  - c. Who will oversee each event
  
- III. Ideas for getting parents/community members involved